



Newsletter - Tamaraikulam Elders Village



Elders Voice - JANUARY 2013

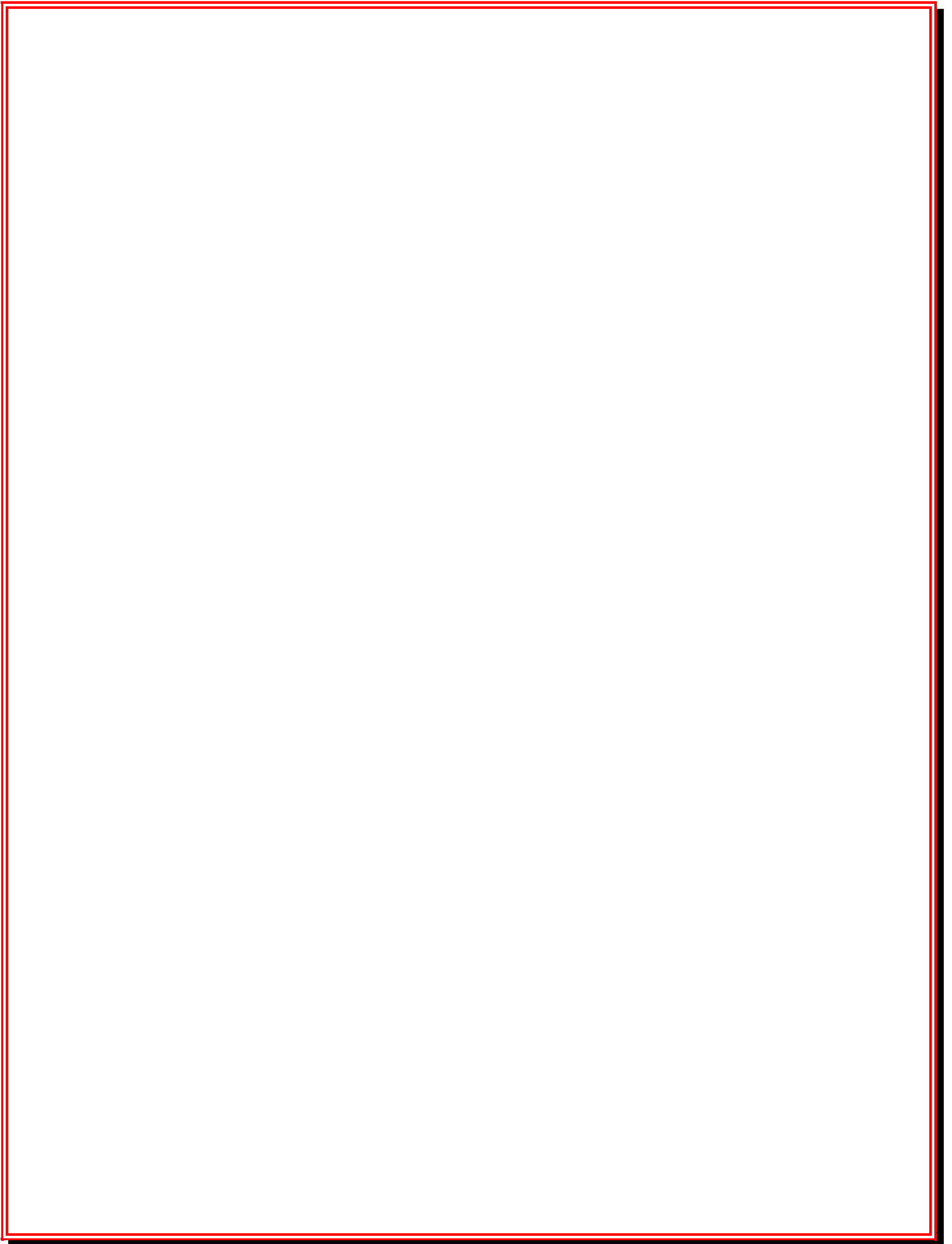
'AGE MAY CHANGE BUT WE NEVER CHANGE'

HelpAge India,

Thamaraikulam elders Village,

Periyakanganankuppam,

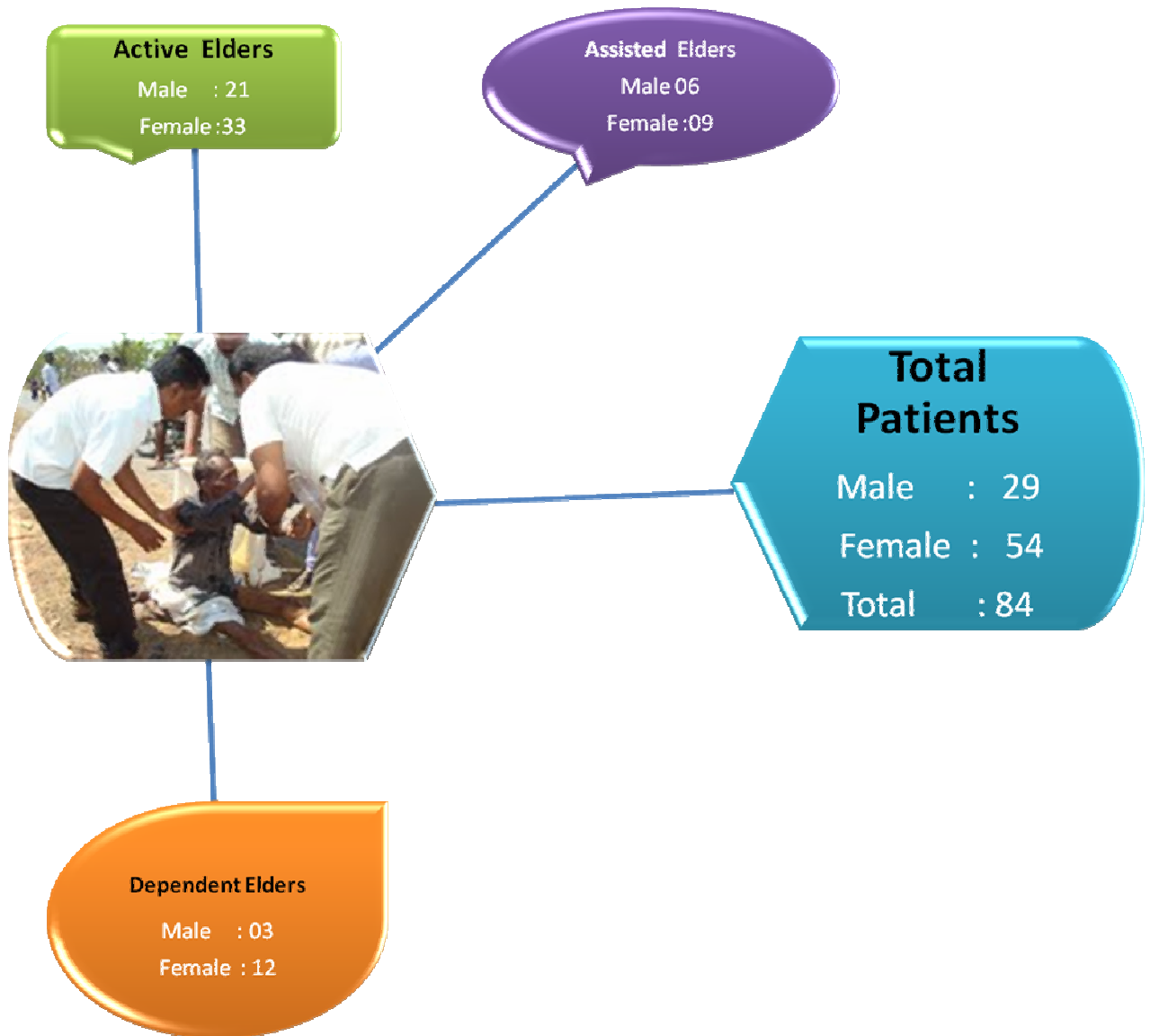
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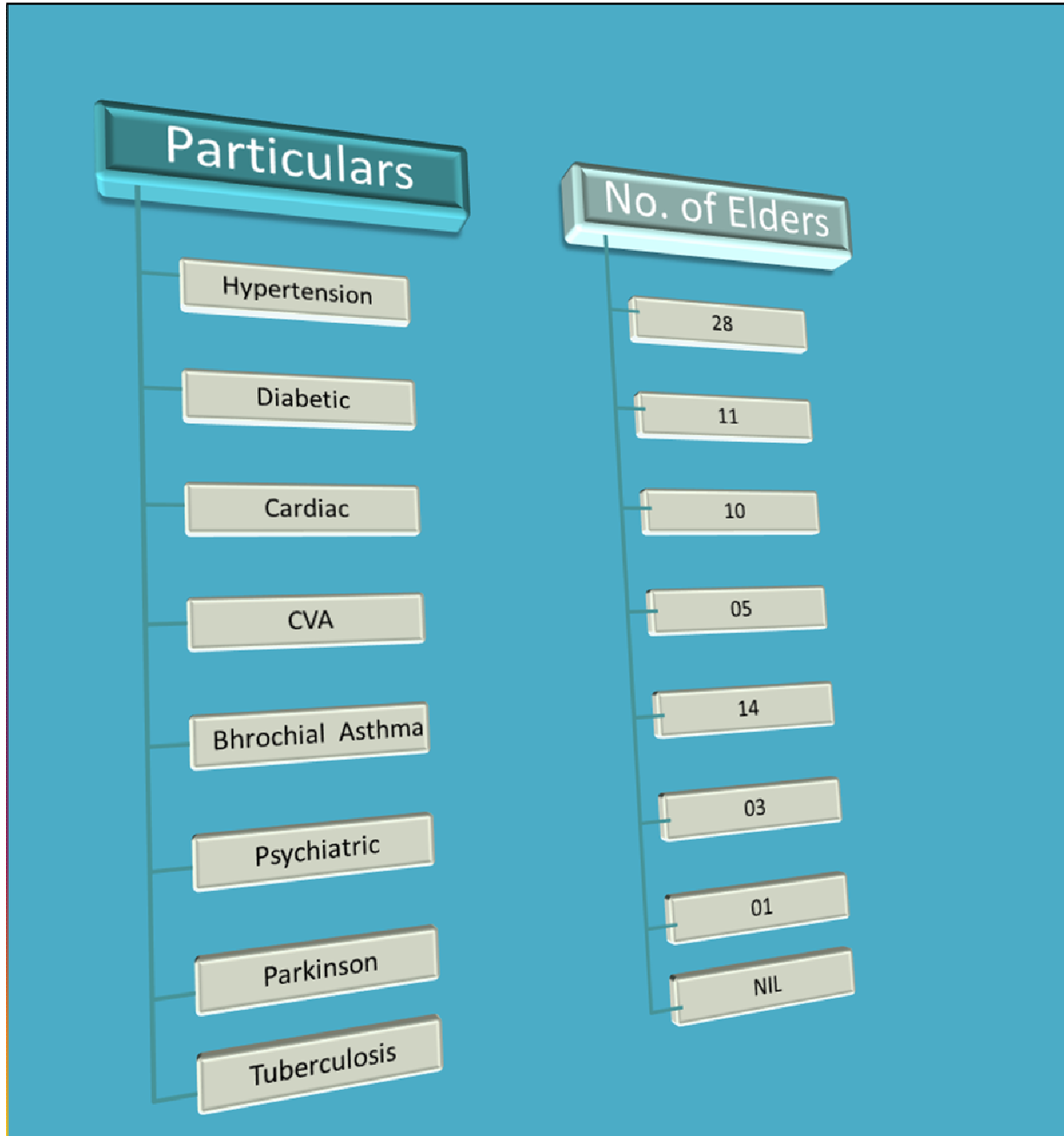
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1.Elders' status in Thamaraiikulam



2.Health Details in TEV



DONATION IN THE MONTH OF JANUARY

TEV would like to express gratitude to ARR charities - Chennai for their generous contribution and continuous support of INR one lakh every month to manage Tamaraikulam elders village, and also for the people who have joint under adopt a granny "village" donation program.



On 02.01.2013 Food sponsored On the occasion of Mr.Hari's 25th birthday celebration. Food and refreshment were donated by to all the TEV residents. The family members very happy about the birthday celebration held at TEV and got blessing from the all our residents of TEV.



On 05.01.2013, Mr.Kannan celebrated his 30th birthday at TEV. All the elders participated and blessed him. He sponsored food and refreshment to all the elders after the celebration. He was very satisfied and enjoyed by interacting with the elders.



On 15.01.2013 Mr.K.Babu sponsored food to all the elders on the occasion of his father Mr.Kaliyaperumal's 1st death anniversary. He also said that there are friends of him would like to join this program and support our residents.



On 20.01.2013 Mr.V.Arul and his family sponsored food to the all the TEV residents on the celebration of their Daughter 8th Birthday. The family members and the girl child was blessed by the elderly residents.



On 22.03.2013 Ms.Ramalakshmi celebrated her 20th Birthday with the TEV Elders. She was very happy to hear the wishes and blessings of elderly. The resident showed their love towards her and she was enjoyed her birthday celebration.



On 22.01.2013, Mr.Parivallal provided food to the TEV elders on the occasion of his father Mr.Singaravelu's 5th Year Death Anniversary day.



On 23.01.2013 food sponsored by Mr.Nateshan on Demise his father Mr.Gopalkrishan 13th anniversary day.

EVENTS IN THE MONTH OF JANUARY

NEW YEAR 2013 CELEBRATION

on 1.1.2013 New Year's Eve or Old Year's Night that is on 31 December, the final day of the Gregorian year, and the day before New Year's Day is celebrated around the World. New Year's Eve is celebrated with parties and gatherings to celebrate the transition in to the New Year. TEV also celebrated New Year 2013 with Mr. Mathew Cherian, Chief Executive Help Age India,



residents & TEV members by bursting crackers and conducted colourful events. The celebrations started by screening of Orchestra at 8 O' clock on 31st dec 12 in open air



theatre(Ampi Theatre) .At 10 o clock a Folk Dance Drama was performed by Mr. sampath &group. TEV welcomed New Year 2013 by cutting a big New Year cake and celebrated with enthusiasm and great Joy.

Natarajan, the first person who joined TEV, and enjoyed the new year celebration with all members and said that " I would like to thank Help Age India and PMO staff for arranging this type of new year celebration" Before he joined Help Age India he &his wife were alone and neglected in the society and they suffered to meet their basic needs.



ELDERS MEETING

The Governing Council has discussed about the Pongal celebration, Republic Day Celebration and functioning of all committees on Lawn grass pruning , watering to the plants and maintenance of cattle. Mr. Natarajan president of senior association of TEV informed that those

who are sick due to climate change can be exempted from the daily tasks and remaining elders were engaged in their task.

MASS CLEANING BY THE TEV ELDERS

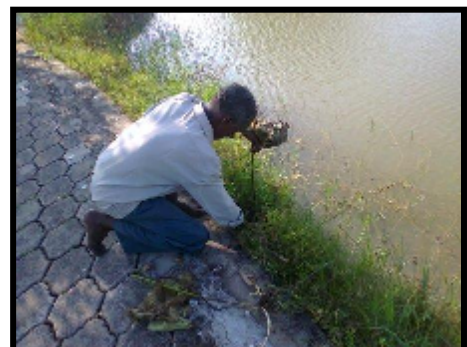
“We will notice differences in our village” said by residents of Thamaraiikulam. Every month the elder’s village often conducting big events, celebration, So the elders want to keep the village clean and tidy. Almost a year, after the college students initiated mass cleaning campaigns was conducted on quarterly holidays. It’s the first time the elders are organizing such a sort of cleaning campaign themselves.

“We will not see the papers and pet bottles strewn on the roadside of TEV, the drains won’t be clogging and garbage won’t block in the TEV”. This was the positive indication going by how resident’s reacted to the cleaning campaigns organized. The elders came in droves, cleaned the streets, and picked even the smallest wrapper and cleaned the lawn in the Thamaraiikulam Elders village.” Hereafter we will notice differences in TEV because of the efforts taken by the elders.

PUNNIYATHANAM FOR MR.DEVANTHAN, MRS.JAYALAKSHMI ON 15TH JANUARY 2013

In India, death anniversary is known as shraadh which in Tamil kariyam, puniyanathanam or Karumathi. Puniyathanam to give with devotion or to offer one’s respect. Shraadh is a ritual for expressing one’s respectful feelings for the ancestors.

According to Indian texts a soul has to wander about in the various worlds after death and has to suffer a lot due to past karmas. Shraadh is a mean of alleviating this suffering. Punniyathanam is the ritual accomplished to satiate one’s ancestors. The punniyathanam is private ceremony performed by the family members of the departed soul. Though not mandated spiritually, it is typically performed by the eldest son and other siblings join in offering prayers together. In



mind, the punniyathanam was performed by the residents of Thamaraikulam to rest over the soul of Mr.Devanthan and Mrs.Jayalakshmi. Now the residents of Thamaraikulam performs the puniyathanam puja for the departed soul.

BHOGI PONDIGAI ON 13TH JANUARY 2013 INVOLVED BY THE ELDERS

Bogi festival or Bhogi is the first day of Pongal celebration in honor of Lord Indra, “the God of clouds and Rains” is also known as Indran (bhogi). Legends say that on this day that Lord Krishna lifted the Gobardhan Mountains on his finger. Lord Indra is worshipped for the abundance of harvest, thereby bringing plenty and property to the land. On Bhogi, all elders of



Thamaraikulam cleaned their homes and collected all unwanted gods. This day is meant for domestic activities and of being together with the entire residents. All the houses of Thamarikulam were thoroughly scrubbed and water washed the doors and windows.

The TEV homes are cleaned and decorated with “Kolam”- floor designs drawn in the white paste of rice with outlines of red mud. Often pumpkin flowers are set into cow-dung balls and placed among the patterns. Fresh harvest of rice, turmeric and sugarcane is brought in from the supermarket as preparation for the following day. The residents of Thamaraikulam worship the sun and the earth by anointing their puja belongings with sandalwood paste.

The bonfire in TEV: Another ritual observed on this day is Bhogi Mantalu, when useless household articles are thrown into a fire made of wood and cow dung cakes. This bonfire is mainly made out of old clothes, files, mats and rejects. The events of putting the junk on the fire is called the Bhogi Neruppu(Bhogi fire)..The entire waste belongings were put together in near the Ampii Theater and fired in very early morning. Then elders were performed dances and singing songs around the fire and the end elders taken the ash placed in their forehead. Then morning every one in the TEV had have oil bath and done Bhogi Pongal.

PONGAL PONDIGAI ON 14TH JANUARY 2013 IN TEV

Pongal Festival is an ancient festival celebrated for four days. It is a harvest festival signifying the dawn of prosperous day beginning on 14 th January every year, according to the 9 Tamil calendar. Pongal festival is celebrated for four day, Bhogi Pandikai, PerumPongal, Mattu pongal and Kannum Pongal. The festival is wrapped up with Kannum Pongal. Worship is inherent in man and Pongal festival is celebrated in order to acknowledge all those factors that have attributed to the prosperity of the year long toil.



Lord Indra, the Lord of rain is worshiped on Bhogi Pandigai, the Sun God is worshipped on Perumpongol and the vows on Mattu Pongal. Kaanum Pongal, which is celebrated on the final day, is a day for merry making, ensuring the worship on the first three day. The residents of Thamaraiikulam have assembled together in the open theater and had puja with sugarcane, turmeric plants, and raw vegetables with sweet Pongal.

COW PONGAL ON 16TH JANUARY 2013 IN THAMARAIKULAM

The Third day is mattu pongal which is the festival for cattle. To the village people cow, the giver of milk and the bull, which draw the plough in the fields, are very valuable and therefore the farmers honor their dumb friends by celebrating it as a day of thanks giving to them. The Thamaraiikulam village cattle are washed; their homes are painted and covered with shining metal caps. Multi-colored beads, tinkling bells, sheaves of flower garlands are tied around their necks. They are nourish with Pongal and taken to the open theater and also surrounding the houses of TEV. The resounding of their bells attracts the residents and Mr. Shanmugam, Mr. Vadivel, Mr. Natarajan, and



Mr. Janakiraman are part of the dairy committee elders of TEV were brought the cows from the cattle shed to the centre of the village of TEV. The entire atmosphere becomes festive and full of fun and revelry.

REPUBLIC DAY CELEBRATION ON 26TH JANUARY 2013 IN TEV

The republic day is celebrated with much enthusiasm all over the country and especially in the Thamaraikulam Elders village Cuddalore where the celebrations start with National flag hoisting by Mr. Kushi (Kannada). Dr.Sathya Babu saluted towards flag followed that every one in the premises has been saluted the flag. Mr. Thangam Ranganayaki elder of Thamaraikula has singing a patriotic song while every one saluted to the flag till the song end. The children from near by village performed dance and music program along with elders in TEV. Mr.Kushi has distributed biscuits and 11 sweets to the elders for the celebration of Republic day.



The entire staff of HelpAge India have participated while flag hoisting.

STAFF MEETING WITH CE

The entire staff of HelpAge India has participated a staff meeting with Mr. Cherian. Chief Executive at mini training hall in TEV. He interacted with the entire staff about the present status and the progress that have made in implementing projects and the staff well being.



BIRTH DAY CELEBRATION

Dr. Sathiyababu Deputy Program Director of HelpAge India has come with his family and celebrated his son Mr. Arun birth day. The residents of Thamaraikulam have participated blessed



Master. Arun. Dr.Sathiyababu family members sponsored sweets, cake and snacks to the elders. Mr. Sundarpal resident of TEV has singing a song towards blessing.

PHOTOS GALLERY



Republic day celebration



Elder Mrs.Vasanthi singing National Anthem



Women self Help Group Training - SHG Inviting firming tanning programme



Elders friendly Livelihood Training for staffs and elders representatives